

# Rennplanung 2018-19 AST



Dezember			Januar			Februar			März			April		
AST	Coach	IR / Nat	AST	Coach	IR / Nat	AST	Coach	IR / Nat	AST	Coach	IR / Nat	AST	Coach	IR / Nat
1	S6		1	Neujahr		1			1			1		
2	Disentis		2	2xGS Marbachegg		2		Nat GS IR West	2			2		SM SG IR Mitte
3			3			3		Nat GS IR West	3			3		SM SG IR Mitte
4			4			4			4			4		Skitraining
5	Kondi Halle		5	2xGS Sörenberg	Nat SL IR Ost	5			5			5		
6			6	2xCR Sörenberg	Nat SL IR Ost	6			6			6		2xCR Engelberg
7			7			7			7			7		ZSSV-Sichtungstag
8			8			8			8			8		
9			9	Skitraining		9	ZSSV-MS-SG Stoos	nur U16 (Privat)	9			9		
10			10			10	2xGS Hochstuckli		10			10		2xSL Schwyz
11			11			11			11			11		
12	Kondi Halle		12			12	Abendtraining		12			12		
13			13	AG-MS Hochstuckli	(Privat)	13	Kondi Halle		13			13		
14			14			14			14			14		
15	S7		15			15			15			15		
16	Region (Frutt)		16	Kondi Halle		16	ZSSV-MS-NSL Frutt	2xCR Marbachegg	16			16		IR GS Hasliberg
17			17			17	ZSSV-MS-GS Frutt		17			17		IR SL Hasliberg
18			18			18			18			18		
19	Kondi Halle		19	2xSL Klewenalp		19			19			19		Karfreitag
20			20			20	Skitraining		20			20		Skitraining
21			21			21			21			21		Ostersonntag
22	SL Andermatt	nur U16	22			22			22			22		Ostermontag
23			23	Skitraining		23		IR SG Stoos	23			23		SM GS Flums
24	Heiligabend		24			24	2xGS Airolo		24			24		SM SL Flums
25	Weihnachten		25			25			25			25		
26	Stephanstag		26	GS/SL Sörenberg	IR GS Engelberg	26			26			26		
27			27	2xGS Sörenberg	IR GS Engelberg	27	Kondi Halle		27			27		
28		IR SL BOSV	28			28			28			28		
29			29			29			29			29		
30			30			30			30			30		AST-Sichtungstag
31	Silvester		31			31			31			31		

Anzahl:

Kondi	8
Skitrainings	11
ZSSV JO-Rennen	18
Animation-Rennen	8
Interregion-Rennen	6
Nationale-Rennen	8